

Office of the Organizing Secretary  
68<sup>TH</sup> All India Police Aquatic & Cross Country Championship 2019  
HQ NSG, Palam, Mehramnagar, New Delhi – 110037  
(68aipacc2019@gmail.com)

No. 54014/01/2019/Adm/Aquatic/20/NSG/ 498

Dated, the 19<sup>th</sup> Feb' 2020

To,

The DsGP of all State Police.  
The DsG of all CAPFs & AR.  
Director CBI, SPF & SVPNPA.  
Commissioner, Delhi Police.  
IsGP of Chandigarh & Puducherry.  
Chief of Police, Lakshdeep.

**Sub: JOINING INSTRUCTIONS FOR 68<sup>TH</sup> ALL INDIA POLICE AQUATIC & CROSS COUNTRY CHAMPIONSHIP -2019**

Find enclosed herewith the joining instructions and specimen of entry form/ nominal roll for 68<sup>TH</sup> All India Police Aquatic & Cross Country Championship 2019-20 scheduled to be held at Dr. Shyama Prasad Mukherjee Swimming Pool Complex, Talkatora Road, New Delhi w.e.f 24<sup>th</sup> March 2020 to 28<sup>th</sup> March 2020 for your information and necessary action, please.

*OH*  
*19/2/2020*

( K Sunil Emmanuel)IPS  
Deputy Inspector General (Adm)  
Organizing Secretary  
68<sup>th</sup> All India Police Aquatic & Cross  
Country Championship -2019

**Copy to :**

**The Secretary** : For info and necessary action please.  
AIPSCB, New Delhi

**Organising Secretary**  
**68th All India Police Aquatic & Cross**  
**Country Championship-2019**  
**HQ NSG**

**68<sup>th</sup> ALL INDIA POLICE AQUATIC & CROSS COUNTRY CHAMPIONSHIP 2019**  
**NATIONAL SECURITY GUARD, PALAM**  
**MEHRAMNAGAR, NEW DELHI – 110037**  
**W.E.F. 24<sup>TH</sup> MAR'2020 TO 28<sup>TH</sup> MAR'2020**

**JOINING INSTRUCTION**

**INTRODUCTION**

1. National Security Guard is entrusted with the responsibility of hosting 68<sup>th</sup> All India Police Aquatic & Cross Country Championship-2019. All India Police Aquatic Competition will be conducted in accordance with latest "Rules prescribed by All India Police Sports Control Board, Swimming Federation of India & Athletic Federation of India.

**As such, the Championship used to be a men only event, however, for the first time participants from Women category too have been allowed to participate in the Aquatic Championship events only while the Cross country championship will continue to be a men only event.**

**DATE**

2. 68<sup>th</sup> All India Police Aquatic & Cross Country Championship -2019 will be held w.e.f **24<sup>th</sup> Mar' 2020 to 28<sup>th</sup> Mar' 2020**.

**VENUE OF THE CHAMPIONSHIP**

3. The aquatic championship will be held at Dr. Shyama Prasad Mukherjee Swimming Pool Complex, Talkatora Road , New Delhi while Cross Country championship will be held at NSG Garrison , Manesar.

**CLIMATE**

4. The Climate during month of March usually remains pleasant with temp ranging from 26°C to 33° C (Approx). All participants are advised to carry uniform and bedding accordingly with them.

**REPORTING**

5. Competition is to be held w.e.f **24-28 Mar' 2020**. However, essential preliminary activities will commence w.e.f **22<sup>nd</sup> Mar'2020**. Hence, all teams are required to report for the event by **22<sup>nd</sup> Mar'2020 (FN)**.

**RECEPTION AND TRANSPORTATION**

6. All participating teams will intimate their travel plan, strength and mode of transport well in advance (20 Days prior to commencement of the Aquatic & Cross Country Championship-2019 i.e **2<sup>nd</sup> Mar'2020**) for the purpose of reception and necessary administrative arrangements for the teams to:-

- a) Nodal Office, 68<sup>th</sup> All India Police Aquatic & Cross Country Championship-2019.
- b) Control Room /Central Reception Centre.

7. To facilitate the participating teams coming for 68<sup>th</sup> All India Police Aquatic & Cross Country Championship-2019, a Central Reception Centre will be functional round the clock at HQ NSG, Mehramnagar, (Near Domestic Airport), Palam, New Delhi-110037. A Sub-Reception Centre will be functional during day hours at each Railway Station (Delhi Railway Station, New Delhi Railway Station, Hazrat Nizamuddin Railway Station, Gurugram Railway Station & Anand Vihar Railway Station) and at Indira Gandhi International Airport, Palam.

8. Transport will be provided by the NSG to the Teams for arrival, departure and movement during the competition. Each Team will be provided with one Liaison Officer.

**Note: All CAPFs are requested to arrange transportation for their team members at their own.**

### **ACCOMMODATION**

9. Accommodation will be provided by the NSG to the teams during the duration of competition within the precinct of Delhi. All participating teams are requested to clearly intimate the rank wise detail of team / participants in our e-mail ID (**68aipacc2019@gmail.com**) so that suitable lodging arrangements etc can be made accordingly.

**Note: All CAPFs are requested to arrange accommodation for their team members at their own.**

### **MESSING**

10. All the teams can bring their own Mess detachment including Mess supervisor, cooks, housekeeping staff, mess boys, utensils, gas burner and other required items for running their own messes. However, a common mess will be made functional at the places of stay. Teams can purchase grocery items, fresh vegetables & milk, filled Gas cylinder and condiments from garrison store as per availability. Filled Gas Cylinder will be provided on Security Deposit of **Rs 5000/-**. For better arrangement and smooth functioning of Mess, team should send their mess detachment two days prior to the arrival of their teams. However, all necessary assistance will be rendered by NSG and arrangements for 1<sup>st</sup> meal on arrival on payment basis will be catered for if intimated well in advance.

### **CLOTHING & BEDDING**

11. The weather usually remains pleasant during the month of March, however every team member must carry uniform, bedding and mosquito net accordingly for a comfortable stay. In case of any difficulty NSG will provide the requisite assistance for the arrangement of bedding on actual cost basis from the local market.

**SECURITY MONEY & ENTRY FEE**

12.

(a) On arrival at the places of stay / earmarked accommodation, each team will have to deposit Rs.1000/- (One thousand rupees only) as Security Money.

(b) Entry Fee for the Competition will be Rs. 100/- for each participant including reserves/Team Manager/Coaches and other members. The amount of Entry Fee should be remitted along with entry forms through Bank Draft in favour of **NSG Marathon, A/C No. 37170425980** payable at State Bank of India, **NSG Manesar IFSC Code –SBIN0010645**, or online payment to same account during online registration latest by **13<sup>th</sup>Mar’2020**.

**ENTRY FORM**

13. Each State Police / CAPF may send a maximum of two entries for an individual event and one team for the team events. Since Aquatic Championship has been opened for the Women category too, therefore each State Police / CAPFs can send the details of their Women participants separately for each event of Aquatic Championship as per the entry form attached. If sufficient women participants are not available, available participants may be sent for women category Aquatic Championship. The Composition of team form, Entry form (separate for swimming (Men and Women), Water polo and Cross Country Race), Nominal Roll and Nominal Roll with photograph (format attached as Appendix A,B,C & D) must be duly signed by an Officer not below the rank of Inspector General to be sent to Organising Secretary / Nodal Officer, 68<sup>th</sup> All India Police Aquatic & Cross Country Championship-2019, NSG Palam, Mehramnagar, New Delhi -110037 on or before **13<sup>th</sup>Mar’2020**. A Certificate stating that:

**“All the participants are physically and mentally fit to participate in 68<sup>th</sup> All India Police Aquatic & Cross Country Championship-2019 and during the competition, if any participant sustains any injury/grievously hurt, organizer (NSG) will not be responsible for it”** should also be sent along with the entry forms.

14. **All the teams can register their entry online through AIPSCB website <http://aipscb.com> by logging in with ID of their respective organisation.** The teams are required to submit a copy of their entry form via post or E-mail to the organiser on or before **13<sup>th</sup> Mar’2020** duly completed in all respect. No changes will be entertained / allowed after **20<sup>th</sup> Mar’2020**. Original copy of the entry form should be handed over to the organiser on arrival at the venue.

**ELIGIBILITY CRITERIA**

15. Every participant, participating in 68<sup>th</sup> All India Police Aquatic & Cross Country Championship-2019, must have completed a minimum of 03 months of continuous service in Police Organisation / Central Armed Police Force. A certificate should be appended to that effect at the bottom of the entry form, duly signed by an Officer not below the rank of Inspector General stating that: -

“All participants have completed a minimum of 03 months continuous service in .....  
**(Organisation Name)**

### **RETURN AIR/RAIL RESERVATION**

16. Teams can move back on 29<sup>th</sup> / **30<sup>th</sup>Mar'2020** after termination of 68<sup>th</sup> All India Police Aquatic & Cross Country Championship-2019, and can plan their advance Air/ Rail reservations accordingly.

### **CONDUCT**

17. The “68<sup>th</sup> All India Police Aquatic and Cross Country championship” will be conducted as per the instructions/guidelines given in the latest “Rules laid down by All India Police Sports Control Board, Swimming Federation of India & Athletic Federation of India.

### **CLINIC/ COORDINATION MEETING**

18. A clinic / coordination meeting of the Team Managers, Team Captains and Coaches with the officials of AIPSCB, SFI & AFI will be held at Dr. Shyama Prasad Mukherjee Swimming Pool Complex, Talkatora Road , New Delhi at **1100 hrs** on **23<sup>rd</sup> Mar'2020**. It is compulsory for all the participating Team Managers, Team Captains and Coaches to attend the said clinic.

### **DRAW OF LOTS**

19. Draw of Lots will be conducted on **23<sup>rd</sup> Mar'2020** during clinic / co-ordination meeting in the presence of all members of the Technical Committee, Team Managers, Team Captains and the officials of AIPSCB, SFI & AFI to finalize the sequence and timing of the events.

### **UNIFORM**

20. All the members of the participating teams are requested to wear prescribed Uniform of their respective organisations during the competition and also during the Opening & Closing ceremonies.

### **OPENING & CLOSING CEREMONIES**

21. The Opening ceremony will be held on **24<sup>th</sup>Mar'2020(AN)** and closing Ceremony will be held on **28<sup>th</sup>Mar'2020(AN)**. All teams should bring their respective State Police/Central Armed Police Force/Union Territories Police flags of the following specification:-

- |     |                     |   |                  |
|-----|---------------------|---|------------------|
| (a) | Flag for Hoisting   | - | 6' X 4' (02 Nos) |
| (b) | Flag for March Past | - | 3' X 2' (02 Nos) |

### **DISCIPLINE**

22. A high standard of discipline is expected from all ranks of the participating teams. The team manager/captain will be personally responsible for the discipline of the team during the period of competition and stay.

23. As per rules, use of drugs and narcotics during the games/ championship are prohibited. Random doping test will be conducted during the championship. If any participant is found using drugs/narcotics substance to improve performance, such participant along with the team will be disqualified from the championship.

### **HEALTH CARD OR MEDICAL FITNESS CERTIFICATE**

24. All participants are required to bring their Health Card/Medical Fitness Certificate issued by their Medical Officer/ Doctor atleast two months prior to the commencement of 68<sup>th</sup> All India Police Aquatic & Cross Country Championship-2019. No participant will be allowed to participate in the competition without **Health Card/ Latest Medical Fitness Certificate**.

### **IDENTITY CARD**

25. All participants are required to bring their Identity Card issued by their respective state Police/CAPFs. No participant will be allowed to participate in the competition without a valid Departmental Identity card.

### **PARTICIPATION IDENTITY CARD**

26. On arrival for the competition, the team manager / captain of the participating teams should deposit two recent passport size photographs in uniform of each participant and other members of the team duly attested for the purpose of preparing Participation Identity Cards.

### **SECURITY**

27. In order to ensure security, all the officials and members of the participating teams are required to carry their **Participation Identity Cards** during stay and movement within the places of stay.

### **MEDICAL ASSISTANCE**

28. Medical assistance/cover will be provided during the competition to all members of the participating teams. A mini MI room will be functional at the venue as well as at the places of stay during the Championship with adequate medical staff round the clock.

### **PROTEST MONEY**

29. It is for the information of all participating teams that as per the direction of AIPSCB, the protest money for lodging any protest during the competition will be **Rs 2500/-**.

## **DETAILS OF THE MEMBERS OF THE TEAMS**

30. The participating teams will have to send the details of members of the teams in soft copy to the organiser through the e-mail address ([68aipacc2019@gmail.com](mailto:68aipacc2019@gmail.com)) in the format of various forms mentioned below:-

- (a) Arrival and Departure Details (attached as Appendix A)
- (b) Entry Form (attached as Appendix B-I, B-II, B-III, B-IV & B-V)  
(Separate for Swimming (Men & Women),  
Water Polo (Men & Women) and Cross Country Race)
- (c) Participant Details/ Nominal Roll (attached as Appendix C)
- (d) Form for photograph of participants (attached as Appendix D)

**In Excel  
Format**

## **COORDINATION CORRESPONDENCE**

31. Each participating team is requested to designate an Officer as the Liaison Officer and his Name, Rank, Mobile No, Phone / Fax No., E-mail address and Correspondence address may kindly be intimated to the conducting officials of 68<sup>th</sup> All India Police Aquatic & Cross Country Championship-2019 as under:-

- (a) Sh Vinay Kumar Saini, TC, Nodal Officer, 68<sup>th</sup> AIP Aquatic & Cross Country Championship-2019  
Mobile No. – 7002473336 / 9784522224  
E-mail ID – [68aipacc2019@gmail.com](mailto:68aipacc2019@gmail.com)  
Phone No. – 7002473336 / 9784522224  
Fax No. - 011-25675588
- (b) Sh. Manish Prakash, TC Asst. Nodal Officer  
Mobile No. - 7082220249  
Email ID – [68aipacc2019@gmail.com](mailto:68aipacc2019@gmail.com)  
Phone No. - 7082220249  
Fax No. – 011-25675588

(c) Phone No/Fax No of Control Room, HQ NSG, Palam, New Delhi for 68<sup>th</sup> All India Police Aquatic & Cross Country Championship-2019 are as under :-

### **Control Room**

- (i) Phone Nos : 011-25675421
- (ii) Fax No : 011-25675588

### (d) **Postal Address:-**

Nodal Officer / Organising Secretary  
68<sup>th</sup> All India Police Aquatic & Cross Country Championship-2019.  
HQ NSG, Palam, Mehram Nagar  
New Delhi-110037  
Email ID – [68aipacc2019@gmail.com](mailto:68aipacc2019@gmail.com)

## Appendix - A

### 68th All India Police Aquatic & Cross Country Championship- 2019 Scheduled to Be Held at NSG W.E.F 24.03.2020 – 28.03.2020

#### COMPOSITION OF PARTY

NAME OF THE STATE/UT/CAPF :-

NAME OF TEAM MANAGER :-

MOBILE NO. :-

EMAIL ADDRESS :-

Sl. No.	RANK	TOTAL NO.
1	Particulars of Officers of the Rank of DIG & above likely	
2	DY SP	
3	INSPECTOR	
4	SUB INSPECTOR	
5	ASST. SUB INSPECTOR	
6	HEAD CONSTABLE	
7	CONSTABLE	
8	ADM	
TOTAL		

#### TRAVEL PLAN

DEPARTURE DETAILS				ARRIVAL DETAILS			
MODE OF TRAVEL (TRAIN/BUS) NAME/NO.	DATE	TIME	STATION	MODE OF TRAVEL (TRAIN/BUS)	DATE	TIME	STATION

**Signature with Stamp of Competent Authority\***

**\*The competent Authority should not be below the rank of Inspector General of Police.**



**68th All India Police Aquatic & Cross Country Championship-  
2019 Scheduled to Be Held at NSG W.E.F 24.03.2020 – 28.03.2020**

**ENTRY FORM FOR MEN**

NAME OF THE STATE / ORGANIZATION :  
NAME OF THE GAME : **Swimming**  
NAME OF THE TEAM MANAGER :  
NAME OF THE TEAM CAPTAIN :

S/ No	Event	Name of the Competitor		Reserve
1.	50 Mtr Freestyle	1		
		2		
2.	50 Mtr Back Stroke	1		
		2		
3.	50 Mtr Breast Stroke	1		
		2		
4.	50 Mtr Butterfly	1		
		2		
5.	100 Mtr Freestyle	1		
		2		
6.	100 Mtr Back Stroke	1		
		2		
7.	100 Mtr Breast Stroke	1		
		2		
8.	100 Mtr Butterfly	1		
		2		
9.	200 Mtr Freestyle	1		
		2		
10.	200 Mtr Back Stroke	1		
		2		
11.	200 Mtr Breast Stroke	1		
		2		
12.	200 Mtr Butterfly	1		
		2		
13.	200 Mtr Individual Medley	1		
		2		
14.	400 Mtr Freestyle	1		
		2		
15.	800 Mtr Freestyle	1		
		2		

S/ No	Event	Name of the Competitor		Reserve
16.	400 Mtr Individual Medley	1		
		2		
17.	1500 Mtr Freestyle	1		
		2		
18.	4x100 Mtr Freestyle Relay	1		
		2		
		3		
		4		
19.	4x200 Mtr Freestyle Relay	1		
		2		
		3		
		4		
20.	4x100 Mtr Medley Relay	1		
		2		
		3		
		4		
21.	Spring Board Diving 1 Mtr	1		
		2		
22.	Spring Board Diving 3 Mtr	1		
		2		
23.	High Board Diving (10Mtr)	1		
		2		

**Certified that :-**

1. All competitors listed above have put in a minimum of 3 months service in this state police department / CAPF.
2. The entry fee for the above said competition has been paid to the organising secretary, 68<sup>th</sup> All India Police Aquatic & Cross Country Race championship 2019.

**Signature with Stamp of Competent Authority\***

**\*The competent Authority should not be below the rank of Inspector General of Police.**

**68th All India Police Aquatic & Cross Country Championship-  
2019 Scheduled to Be Held at NSG W.E.F 24.03.2020 – 28.03.2020**

**ENTRY FORM FOR WOMEN**

NAME OF THE STATE / ORGANIZATION :  
NAME OF THE GAME : **Swimming**  
NAME OF THE TEAM MANAGER :  
NAME OF THE TEAM CAPTAIN :

S/ No	Event	Name of the Competitor		Reserve
1.	50 Mtr Freestyle	1		
		2		
2.	50 Mtr Back Stroke	1		
		2		
3.	50 Mtr Breast Stroke	1		
		2		
4.	50 Mtr Butterfly	1		
		2		
5.	100 Mtr Freestyle	1		
		2		
6.	100 Mtr Back Stroke	1		
		2		
7.	100 Mtr Breast Stroke	1		
		2		
8.	100 Mtr Butterfly	1		
		2		
9.	200 Mtr Freestyle	1		
		2		
10.	200 Mtr Back Stroke	1		
		2		
11.	200 Mtr Breast Stroke	1		
		2		
12.	200 Mtr Butterfly	1		
		2		
13.	200 Mtr Individual Medley	1		
		2		
14.	400 Mtr Freestyle	1		
		2		
15.	800 Mtr Freestyle	1		
		2		

**Contd-2/.....**

S/ No	Event	Name of the Competitor		Reserve
16.	400 Mtr Individual Medley	1		
		2		
17.	1500 Mtr Freestyle	1		
		2		
18.	4x100 Mtr Freestyle Relay	1		
		2		
		3		
		4		
19.	4x200 Mtr Freestyle Relay	1		
		2		
		3		
		4		
20.	4x100 Mtr Medley Relay	1		
		2		
		3		
		4		
21.	Spring Board Diving 1 Mtr	1		
		2		
22.	Spring Board Diving 3 Mtr	1		
		2		
23.	High Board Diving (10Mtr)	1		
		2		

**Note: Women category events may be changed subject to the entries received from different state police/CAPFs.**

**Certified that :-**

1. All competitors listed above have put in a minimum of 3 months service in this state police department / CAPF.
2. The entry fee for the above said competition has been paid to the organising secretary, 68<sup>th</sup> All India Police Aquatic & Cross Country Race championship 2019.

**Signature with Stamp of Competent Authority\***

**\*The competent Authority should not be below the rank of Inspector General of Police.**

**68th All India Police Aquatic & Cross Country Championship-  
2019 Scheduled to Be Held at NSG W.E.F 24.03.2020 – 28.03.2020**

**ENTRY FORM FOR MEN**

NAME OF THE STATE / ORGANIZATION :  
NAME OF THE GAME : **Water Polo**  
NAME OF THE TEAM MANAGER :  
NAME OF THE TEAM CAPTAIN :

S/No	Force No	Rank	Name of participants	Remarks Player / Reserve
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				

**Certified that :-**

1. All competitors listed above have put in a minimum of 3 months service in this state police department / CAPF.
2. The entry fee for the above said competition has been paid to the organising secretary, 68<sup>th</sup> All India Police Aquatic & Cross Country Race championship 2019.

**Signature with Stamp of Competent Authority\***

**\*The competent Authority should not be below the rank of Inspector General of Police.**

**68th All India Police Aquatic & Cross Country Championship-  
2019 Scheduled to Be Held at NSG W.E.F 24.03.2020 – 28.03.2020**

**ENTRY FORM FOR WOMEN**

NAME OF THE STATE / ORGANIZATION :  
NAME OF THE GAME : **Water Polo**  
NAME OF THE TEAM MANAGER :  
NAME OF THE TEAM CAPTAIN :

S/No	Force No	Rank	Name of participants	Remarks Player / Reserve
14.				
15.				
16.				
17.				
18.				
19.				
20.				
21.				
22.				
23.				
24.				
25.				
26.				

**Certified that :-**

3. All competitors listed above have put in a minimum of 3 months service in this state police department / CAPF.
4. The entry fee for the above said competition has been paid to the organising secretary, 68<sup>th</sup> All India Police Aquatic & Cross Country Race championship 2019.

**Signature with Stamp of Competent Authority\***

**\*The competent Authority should not be below the rank of Inspector General of Police.**

**68th All India Police Aquatic & Cross Country Championship-  
2019 Scheduled to Be Held at NSG W.E.F 24.03.2020 – 28.03.2020**

**ENTRY FORM FOR MEN**

NAME OF THE STATE / ORGANIZATION :  
NAME OF THE GAME : **Cross Country Race- 10 KMS**  
NAME OF THE TEAM MANAGER :  
NAME OF THE TEAM CAPTAIN :

S/No	Force No	Rank	Name of participants	Remarks
1.				
2.				
3.				
4.				
5.				
6.				
<b>Reserve players</b>				
1.				
2.				

**Certified that :-**

1. All competitors listed above have put in a minimum of 3 months service in this state police department / CAPF.
2. All competitors listed above have completed 18 years (in age).
3. The entry fee for the above said competition has been paid to the organising secretary, 68<sup>th</sup> All India Police Aquatic & Cross Country Race championship 2019.

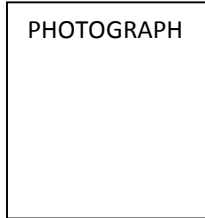
**Signature with Stamp of Competent Authority\***

**\*The competent Authority should not be below the rank of Inspector General of Police.**

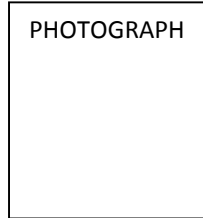




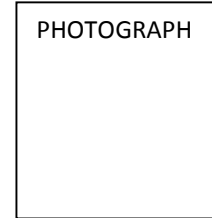
**PHOTOGRAPHS OF PARTICIPANTS**



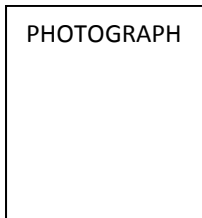
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Designation  
Event



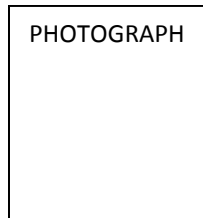
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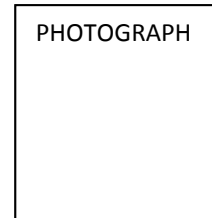
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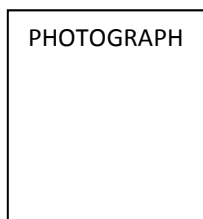
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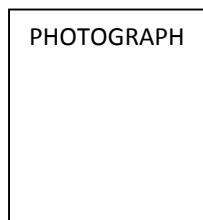
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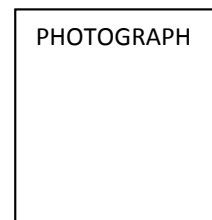
Name  
Designation  
Event



Name  
Designation  
Event



Name  
Designation  
Event



Name  
Designation  
Event

Note – Please attach extra sheet if required.

**Signature with Stamp of Competent Authority\***

**\*The competent Authority should not be below the rank of Inspector General of Police.**